

Young at Heart “March” Happenings

Wednesday Schedule:

Questions and Reservations - Call 846-4108

12:00 - Arrival and Socializing

12:15 – Lunch is served – (Meal is \$4.00)

1:00 – Program Begins

2:30 – Socializing and Clean Up

March 1



Birthdays and Prize Bingo

Meal

Yankee Pot Roast with Potatoes & Carrots, Salad, Rolls & Dessert

Program

After lunch, we will celebrate March birthdays and play prize Bingo. Don't forget your pennies!

March 8



Flower Arranging

Meal

Chicken Provencale with Risotto, Mediterranean Vegetables, Salad, Rolls & Dessert

Program

In anticipation of Spring, please bring your own small vase and let's add a variety of flowers to brighten your home.

March 15



Music by Ed Schenk

Meal

Corned Beef & Cabbage, potatoes, carrots, Salad, Irish Soda Bread, Dessert

Program

Let's enjoy Irish music and more played by Ed on the piano and accordion. Wear green as we celebrate St. Patrick's Day and the luck of the Irish!

March 22



Celebrate Spring with Art!

Meal

Roasted Chicken, Mashed Potato, Garlic Green Beans, Salad, Rolls, Dessert

Program

Spring has sprung so we will celebrate with a simple and fun art project suggested by Alison Treston, one of the art educators at Frederick Tuttle Middle School. She will join us after lunch to inspire us with her creativity.

March 29



Movie Matinee and Popcorn

Meal

Farmhouse Chicken Pot Pie, Apple Waldorf Salad, Rolls, Dessert

Program

Planet Earth – Oceans Deep and Seasonal Forests

This DVD is part of the series entitled Planet Earth. It shows a stunning experience that captures rare action, impossible locations and intimate moments with our planet's best-loved, wildest and most elusive creatures in the ocean and forests.